Sword Fern

Polystichum munitum ~ Fern Family
Lummi: leleki’  Nooksack: sá7aqálin

Ethnobotany
• Fronds used to line steam-cooking pits & for bedding

Characteristics
• Ferns are ancient plants with spores instead of seeds, which appear as brown dots on the leaf’s underside; one dot has many spores
• Common evergreen fern growing in moist forests, reaching four feet tall
• Erect leaves uncoil from a scaly rhizome

Sponsors
City of Bellingham
Washington State Department of Ecology

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