



CITY OF BELLINGHAM
OFFICE OF THE MAYOR
KELLI LINVILLE

MAYORAL PROCLAMATION

WHEREAS, Mental Health Month has been observed since 1949 to raise awareness of mental health conditions and the importance of mental health; and

WHEREAS, We are all affected by mental health and one in five Washingtonians experience mental health conditions or substance use disorders, or both each year; and

WHEREAS, 50% of all people with mental health conditions experience them by age 14, and 74% by age 24; and

WHEREAS, Increased focus on the prevention of mental health conditions and substance use disorders among children and adolescents through screening and early intervention helps improve lives; and

WHEREAS, People with lived experience of mental illness and/or substance use disorders get better, live in recovery, and provide invaluable knowledge of how to improve and transform systems of care; and

WHEREAS, Greater trauma informed care and peer support services are needed to support and facilitate recovery; and

WHEREAS, The stigma against mental health conditions remains one of the greatest barriers to improving the lives of all Washingtonians through better mental health; and

WHEREAS, Washington is dedicated to becoming the healthiest state in the nation by ending stigma and focusing on the integrated role of mental health in all of our lives.

NOW, THEREFORE, DO I Kelli Linville, Mayor of the City of Bellingham, proclaim May 2019

MENTAL HEALTH MONTH

in the City of Bellingham, WA.

Signed this 7th of May, 2019



Kelli Linville, Mayor
City of Bellingham