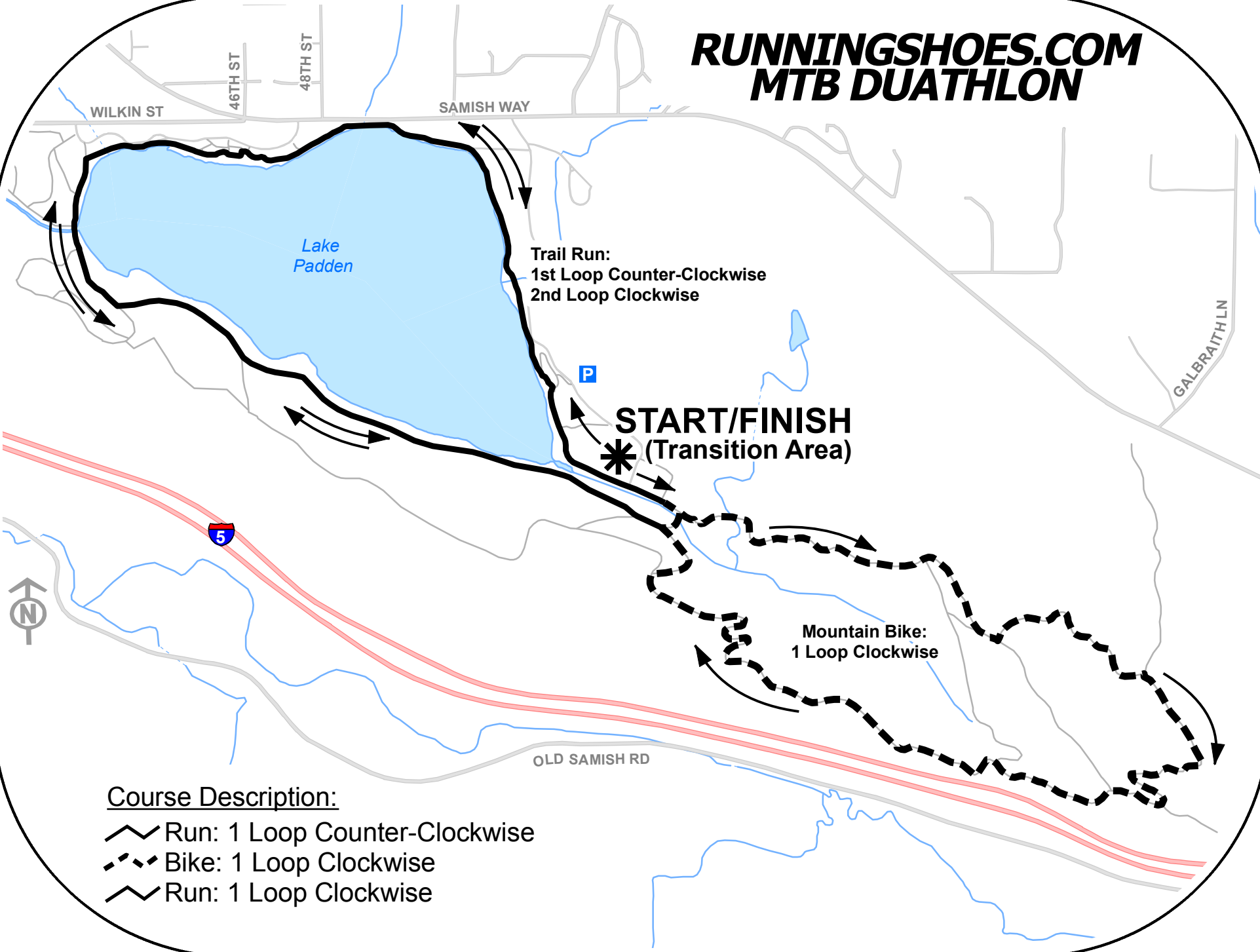


RUNNINGSHOES.COM MTB DUATHLON






Trail Run:
1st Loop Counter-Clockwise
2nd Loop Clockwise

START/FINISH
* (Transition Area)

Mountain Bike:
1 Loop Clockwise

Course Description:

-  Run: 1 Loop Counter-Clockwise
-  Bike: 1 Loop Clockwise
-  Run: 1 Loop Clockwise