

Community / Family



Bellingham
Parks &
Recreation
Department

Quality of Play — Quality of Life

KIDS DOG SHOW – SPECIAL THANKS

The 2010 Kids' Dog Show was a huge success this year! Bellingham Parks & Recreation would like to thank all of the sponsors who made the event possible: PetStop in Sehome Village, Placid Pets, and the Alternative Humane Society. Please join us in thanking our sponsors by supporting them with your business.

BIG ROCK GARDEN PARTY

The Big Rock Garden Committee on behalf of the Bellingham Parks & Recreation Department invites you to the opening of the Big Rock Garden Sculpture Exhibition May 9, from 1–4 p.m. at the Park. This free event is open to the public.

Plan this festive event into your Mother's Day schedule. Come and enjoy the beauty and serenity of the garden as it bursts into full color. Wander the wooded trails, listen to live music, enjoy light refreshments and visit with artists at their works.

Parking is limited so please park at Bloedel Donovan Park and take the free shuttle bus to Big Rock Garden Park or park at Silver Beach School and walk the trail to the Park. The first bus will leave Bloedel Donovan parking lot at 12:45 p.m.

JUNK IN YOUR TRUNK

This is a new twist on the old garage sale! Load up your trunk and sell your "stuff" from the back of your vehicle. You bring the "junk" we bring the people! Just drive up and sell! Reserve your spot now, pre-registration is required! Space is limited. Vendors will be assigned one slot to park and one to set up sales. Free for shoppers, please no early birds.

PROG# 22232
22323 - plus table
DAY/DATE: Saturday, July 24
TIME: 9 a.m. – 1 p.m.
LOCATION: Civic Field Parking Lot
COST: \$20 parking spot; \$30 table rental (only 25 tables available)

COORDINATOR: Cori Kauk
MAX: 100 (must pre-register)

BIKE TO WORK AND SCHOOL DAY

Friday, May 21 is Bike to Work and School Day and May is National Bike Month. Celebrate with bike

rodeos, parades, rides, and the month-long fun of Team-up for Everybody Bike. 2010 is the 13th annual celebration of Bike to Work and School Day in Whatcom County! Just stop by a "Celebration Station" located throughout the county during your morning commute on the 21st. You'll get treats, delicious refreshments, gifts, and a chance to win big prizes. Last year we counted over 8,500 people walking or biking on Bike to Work Day and 1580 people teamed-up in 145 teams. Register your team at everybodyBIKE.com or call 671-BIKE for details or e-mail info@everybodyBIKE.com.



everybodyBIKE CLASSES

First Gear:

Confidence and Comfort

Thursday, July 15, 5:30–7:30 p.m.

Tuesday, August 24, 5:30–7:30 p.m.

Get the tips and secrets that make bicycling safe, comfortable and fun for getting around town. Learn communication and positioning skills that make traffic or trail riding easy and stress-free. Choose either the July or August date.

Mother-Daughter Flat Tire

Repair Workshop

Wednesday, August 11, 5–7:45 p.m.

Fixing to Ride covers bike fit, gearing, basic maintenance, and how to fix a flat, with a review of traffic rules and more complex intersection techniques.

Advance registration required for all classes

For more information or to register,
call 360-671-BIKE (2453),
e-mail info@everybodyBIKE.com,
or visit www.everybodyBIKE.com

THIRD ANNUAL "IT'S YOUR ARBORETUM" EVENT

"It's Your Arboretum" is an event at Sehome Hill Arboretum sponsored by the Sehome Arboretum Board of Governors in conjunction with WWU students enrolled in Geology 417 "Outdoor Science Learning Resources," and provides an opportunity for the general public to learn more about this wonderful natural resource located within the heart of our community. "It's Your Arboretum" will include the following activities:

- **Birds of Sehome Hill:** Learn to use your ears to identify thrushes, warblers, flycatchers, woodpeckers and more. **Guided tours held from 1-2 p.m. & 2-3 p.m.**
- **Trees and shrubs of Sehome Hill:** Walk the trails with an eye on native trees, shrubs and shady understory wildflowers. Compare them to a few non-natives that can be invasive in this fine second growth forest. **This tour will be held from 1-3 p.m.** and be led by the Koma Kulshan Chapter of the Washington Native Plant Society.
- **Geology of the Sehome Hill:** WWU Geology students will be leading tours that reveal evidence in the rocks of a 50 million year old massive floodplain. You can follow the geologic history of this ancient river system through the effects of a more recent mile-thick ice sheet that sculpted the present shape of Sehome Hill. **Guided tours will be held from 1-2 p.m. & 2-3 p.m.**
- **Kids Activities:** face painting, t-shirt making and nature-oriented activities.
- **Acoustic Music:** Provided by a wonderful local string band performing **from 3-3:45 p.m.** in the Outdoor Learning Center.
- At 3:45 there will be a dedication of the new Allen St. Trail on the east side of the arboretum

The summit of Sehome Hill is 620 feet above sea level and a view tower provides spectacular views of the San Juan Islands and the Cascade Mountains. Access to Sehome Hill Arboretum is gained off Bill McDonald Parkway across from 25th Street. The headquarters for the "It's Your Arboretum" event will be in the Outdoor Learning Center located on the Huntoon Trail in the western part of the Arboretum. Parking is available in WWU 17G at the base of the hill, or at the upper parking lot, and signs will direct participants to the Outdoor Learning Center.

DAY/DATE: Saturday, June 5
TIME: 1–4 p.m.
LOCATION: Sehome Hill Arboretum, upper & lower parking lots, 25th St & Bill McDonald Pkwy; Outdoor Learning Center, access from Fairhaven College parking lot 17G
COST: FREE!

Program Registration begins Monday, May 3 at 8 a.m.

For information call (360) 778-7000 (or 778-7011 TDD) or visit www.cob.org/ezreg

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GET MOVIN'

Get Movin' is a free incentive program targeting children and families. All registered participants are challenged to be physically active for 30 minutes a day, 5 days a week for 1 month. This program offers free weekly events, a calendar for tracking activity and tons of incentive prizes. The Get Movin' Kick-Off is where all the excitement begins. Come register

for the program, play games, move and find out about all the fun healthy options Whatcom County offers for summer entertainment. This is a great way to start your summer! Registration for Get Movin' happens at the Kick-off event or at any **Whatcom County YMCA office** no later than June 11 at 5pm. See registration form for more details.

Get Movin' Goals:

1. Encourage our community members to increase their physical activity.
2. Introduce our participants to recreation options throughout Whatcom County.

If you would like your organization to be a part of this fabulous event please e-mail Jonathon Bullard at jbullard@whatcomymca.org

AGES: All ages
DAY/DATE: Kick-off / event registration, Saturday, June 19
TIME: 12 noon–3 p.m.
LOCATION: Civic Field
COORDINATOR: **Jonathon Bullard - Whatcom Family YMCA Bellingham**
COST: FREE

DO YOU NEED ASSISTANCE OR ACCOMMODATION?

If you have a disability and require assistance and/or accommodation to participate in any of our programs, please call at least two weeks prior to the registration deadline. Our staff can assist in obtaining special equipment, interpretive services, or other support necessary to make your involvement successful. Please look over our program offerings in this publication and contact Amanda at 778-7000 (778-7011 TDD) for more information. Please note that accommodations are most successful when we are notified as far in advance as possible.