

American Red Cross Training Courses

Lifeguard Training

- Upon successful completion, you will receive a certification in Lifeguarding, First Aid, CPR/AED for the Professional Rescuer, Oxygen Administration, and Blood-Borne Pathogens: Preventing Disease Transmission. Students must be at least 15 years old and complete a swimming pretest before entering the course. The cost is \$175.00

1. Sat-Sun, October 3, 4, 10 & 11, 8:00am – 5:30pm
2. Mon-Thu, December 28 – 31, 8:00am – 5:30pm

Water Safety Instructor Training

- Upon successful completion you will receive certification in instructing the learn-to-swim and parent/child programs for infants, toddlers, preschoolers, youth, adults and people with special needs, water safety presentations and basic water rescue. Students must be at least 16 years old and complete a swimming pretest before entering the course. Fundamentals of Instructor Training is also required and will be included. The cost is \$200.00.

1. Sat-Sun, August 31 – September 3, 8:00am—5:30pm

Lifeguard Instructor Training

- Upon successful completion, you will receive certification in instructing basic level Lifeguarding, Shallow Water Attendant, First Aid, CPR/AED for the Professional Rescuer, Administering Emergency Oxygen, Blood-Borne Pathogens Training: Preventing Disease Transmission and Basic Water Rescue courses. Students must be at least 17 years old and complete a swimming and written pretest before entering the course. Fundamentals of Instructor Training is also required and will be included. The cost is \$275.00.

1. Sat-Sun, October 31, November 1, 7 & 8, 8:00am—5:30pm

Lifeguard Training Challenge

- Renew your Lifeguarding, First Aid and CPR/AED for the Professional Rescuer certifications. This class does not provide any review or instruction. Participants must be prepared to pass the written test and demonstrate all skills. The cost is \$65.00.

1. Sun, September 27, 1:00-5:00pm
2. Sun, October 25, 1:00-5:00pm
3. Sun, November 22, 1:00-5:00pm
4. Sun, December 20, 1:00-5:00pm

CPR/AED for the Professional Rescuer Challenge

- Renew your CPR/AED for the Professional Rescuer certification. This class does not provide a review or instruction. Participants must be prepared to pass the written test and demonstrate all skills. The cost is \$35.00.

1. Sun, September 27, 1:00-3:00pm
2. Sun, October 25, 1:00-3:00pm
3. Sun, November 22, 1:00-3:00pm
4. Sun, December 20, 1:00-3:00pm

Standard First Aid with Adult CPR/AED

- This course is great for parents, coaches, babysitters, camp counselors and anyone who has a clumsy spouse, child, roommate, or sibling. Upon successful completion, you will receive a certification in First Aid and Adult CPR/AED. The cost is \$50.00.

1. Sun, December 13, 8:00am – 2:30pm